

Top 10 Mistakes You Can't Afford to Make If You Want to *Win Your Ex Girlfriend Back*

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By

How To Get Her Back

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So You Want Your Girl Back... Let's Get Started!

10 Mistakes...Are You Making These?



If you're certain that your ex girlfriend is the right girl for you, then it's best to get a plan together to win her back. The plan isn't difficult nor is it about dirty mind tricks, but the reason I suggest you have a plan as you're likely to be too emotional to think rationally about your situation.

Feeling emotional, desperate, fearful, lonely, heart-broken and stressed are all emotions that are playing AGAINST you when you want to get your ex girlfriend back.

But first, let me ask you some questions. Answer honestly and be mindful whether you're making some of these mistakes already.

Question #1 - Are you taking it seriously?

If you want your girlfriend back, you need to be committed. You need a plan you can follow with conviction. If you doubt yourself, if you think you can win her back by doing what you've always done, you might not see the results you want.

You might be offended about that; how can you NOT be taking it seriously you ask? Well it's one thing to THINK about doing something, it's another to actually DO it. If you find yourself hesitating to quit smoking, lose weight or try to curb a bad habit, when doing these things will make your girl happy, then do you really want her back bad enough?



Question #2 - Are you willing to change?

In respect to the last question, some people are too set in their ways to really change. Now there is a difference between changing just for the sake of pleasing someone else, and changing for yourself.

You should NEVER change just for someone else. That might seem contradictory from what I have just said. But what I mean is, if there's a behaviour you KNOW is bad for you, but you keep doing it despite how much your ex hates it, then perhaps you are not as committed to getting them back as you first thought.

This section about willing to change goes deeper than a few bad behaviours. Are you

willing to sacrifice for your ex girlfriend? Are you willing to change not only for them but for yourself? For the sake of your relationship and for your happiness?

Question #3 - Do you have a positive self-image?



Do you feel on some level you're not good enough for your ex girlfriend? That you don't deserve her? These beliefs will limit your ability to get her back.

Of course it might also mean you feel regretful for something you have done. I'm not saying you should be overly cocky about the ability to get her back, but if your self-image was poor prior to them leaving you, then this is an area you may need to work on.



If you are suffering from deep depression, stress or anxiety attacks, or you find yourself having suicidal thoughts, please do get professional help.

Question #4 - Are you paying attention to what your ex girlfriend wants?

It's easy to fall into the victim mode. You're the one hurt, you're the one out of control, and you're the one desperate to get her back. You might want your ex girlfriend to feel sorry for you, so your actions around her are also filled with self-pity.

This is very unattractive and will only want to make her wish she were somewhere else or with someone else.

Redirect your attention away from how much pain you are feeling right now and consider her perspective. Have you hurt her equally as much as she has hurt you?



Question #5 - Are you taking action?

Doing is more powerful than talking. The best way to start changing yourself for the better is simply by doing small things for yourself everyday.

These things could be:

- Losing weight.
- Improving your finances.
- Being more grateful.
- Treating yourself and the people around you with respect.
- Taking steps each day to improve on your flaws.

Simply saying you'll change and things will be better does not equal being so. To show your ex you really are going to change, you need to start putting that change into action.

Question #6 - Are you confident?

People are attracted to those that are self-assured and confident in their own abilities. If your girlfriend has left you, don't simply shower her with attention, gifts and 'I love You's', identify the root of the problem and go from there. If you apologize blindly without dealing with the core issues, your ex will see through your blatant persuasions.

Question #7 - Do you feel the need to panic?

Panicking at this stage will only do you a great deal of unnecessary damage. This means drunk dialling, constant text messaging, stalking and talking to her friends/family to try to get her back. These are all things to be avoided!

Question #8 - Do you have misguided beliefs about gaining her trust and love back?

You can never EXPECT her to come back. Thinking that way will come through in your actions and this will only repel her desire to come back. Be genuine and loving to your partner but never expect to get the same in return.

Question #9 - Are you too proud?

You need to realize what is most important.;winning the battle or winning your love back? Swallow your pride and don't let a good thing go just because of your ego.

Question #10 - Are you drowning yourself in a great deal of self-abuse?

It is much too common for people to drown in their sorrow with alcohol, drugs or anything of that nature. This is NOT the time to start being self-destructive.



You need to be in the best shape you can be right now. This means eating healthy, exercising, getting out of the house etc. Substance abuse is not only bad for your body; it will only make you feel worse in the long-run.

What if you've made some of these mistakes already? Is it too late to get her back? I get asked this many times and often men believe they have made far too great of a mess of their situation to ever hope to get their ex girlfriend back.

The truth is, all the mistakes you have made up to this point isn't as important compared to the **overall** scheme of things, **as long as** you start changing right now!

If we all believed our past equalled our futures then not much would ever get accomplished, and people would stop trying after their first blunder.

Now with that said, you shouldn't completely IGNORE the past or your past mistakes. Remember they are there to tell you something, that things need to change and you have the power to change them RIGHT NOW.

But now here is the big dilemma.

How do you change? How do you begin to not only stop making the mistakes but let your ex see you're not the person they broke up with, but the person they fell in love with instead?

The great news is, you're not the **only** one with this problem. In fact, many many folks out there are facing the exact same dilemma. The outcry became so big that those that DID figure it out decided to help.

Now yes, those self-help books DO help, however, what I found was, they focused too much on the SELF and not enough on the RELATIONSHIP.

Human existence is all about the relationships we have with others. Failure to maintain and grow those relationships will cause them to die. And in turn, we die along with it.

That's why it's so important to learn HOW to get your love relationship back in order. After all, what is more important than love?

Thankfully, there IS a solution. [**The Ex Recovery System: Get Her Back Edition**](#) was written just for men like you, going through a break up and wanting a solution SPECIFICALLY to help with winning back their ex girlfriend.

It details the steps on how you can finally do the RIGHT things without too much hassle to get your ex girlfriend back.

The Ex Recovery System is one of most solid products on the market because...

- It caters to average folks [just like you](#), written in simple to follow instructions.
- It uses [female psychological tactics](#) that are subtle enough that she won't have a clue what you're really up to. Your ex will think it was HER idea to come back.
- Shows you how you can get her to [fall in love with you](#) again. Sometimes hard to do when you're so heart-broken.
- [Revolutionary techniques](#) that will give you instant relief from your break up pains.
- And my favourite: template to the [\\$500 letter](#) that has the potential to get your ex girlfriend to instantly pick up the phone and call you.
- Not one but **TWO potent strategies** proven to work for re-attracting your girl back – [Direct and Indirect method](#). One focuses on in-person (direct) strategies while the other focuses on long-distance and non-direct strategies

The even greater news is, you could be using [The Ex Recovery System](#) in as little as 5 minutes. Due to the advantage of the internet, it is available in digital format which you can download right now. No more waiting around for books to be delivered and wasting precious time.

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How to Win Your Ex Girlfriend Back - Top 10 Mistakes You Can't Afford to Make

There is also a 60 day money-back guarantee. So if for any reason you are not happy...any reason at all...you will get a full refund...and you can keep everything you downloaded.



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I hope you've gained some value from this report and it has allowed you to reflect back on yourself and your relationship in a different way.

I'll talk to you soon,

Rebecca Goetremiller

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